

Greg Tongonis

ACTOR / AUTHOR / ACTIVIST COACH / TRAINER

LOS ANGELES, CA



WWW.GREGLOUGANIS.COM

Greg Zonganis

ABOUT

Considered the greatest diver in history, Greg Louganis is the only male to win gold medals on both 3m springboard & 10m platform in consecutive Olympic Games. Across the globe, billions who watched him compete were enthralled by the poetry that was Greg Louganis: the beauty & power of his diving captured the world. With a total of 5 Olympic medals, 5 World Championship titles & 47 national titles, more than anyone in U-S. history, his records remain unbroken.

As a trained actor, dancer, model & spokesman, Greg's wide range of skills keeps him in demand. As a dog agility trainer, Greg continues his tradition of excellence taking his canine students to the AKC Nationals and even Westminster.

As the GOAT of mindset, Greg shares his wisdom through his meditation & mindfulness course, as well as through his books, interviews, speaking engagements, social media and website. Greg is a captivating storyteller who exudes warmth and charisma, resulting in a special connection with his audience.

CAUSES

Dogs/Animals

Environmental

BOOKS

HIV/AIDS/LGBTQ+

Health + Wellness Mental Health

Adoption/Foster Care

Greg has Co-Authored his

Autobiography, Breaking The

Surface(A NY Times Bestseller)

and For The Life Of Your Dog: A

In Your Life. He is the primary

case study in *Train Your Own*

Hero by Dr. Don Greene

Complete Guide To Having A Dog

AVAILABLE FOR

Ambassadorship Brand Partnerships Sponsored Content Keynote Speaking Acting/Modeling

AUDIENCE

Greg's audience loves his active lifestyle & deeply authentic shares. They appreciate mental and physical wellness, as well as his unique perspective. His social media engagement rates reflect how deeply connected his fans feel to him. Greg is open to meaningful partnerships that align with his lifestyle & values.

MEDIA FOLLOWING

158K Facebook Followers 39K Instagram Followers 34K TikTok Followers 27K X/Twitter Followers 3.7K Clubhouse Followers 4K Monthly Website Visits

BOOKING INFO

Mgmt: Beth Zinman Phone: +1 609-254-8075 Email: social@greglouganis.com Site: https://greglouganis.com

MANUIA FO'!!

Samoan for "Nice meeting you"

LOWING DEMOGRAPHIC

FB/IG:

30% Female - 70% Male

TikTok:

86% Female - 14% Male

All Social:

45% 25-44 y.o. - 20% 45-54 y.o.

Website:

60% Female - 40% Male

MEDIA STATS

FB/IG:

10% - 40% Engagement 25% Avg Engagement Avg. **R**each: 600k

TikTok:

1.6M Video Views

1.7k Shares - 57.5k Likes - 1.5k Comments





As you know, I was just in Washington, DC for an event. Due to a last minute change I stayed at the Eaton DC boutique... See More











OO 1.7K

89 comments 24 shares



Greg was adopted at a very young age by the Louganis family, and learned all about being a Greek American through his upbringing. As a young adult he was able to learn about and connect with his birth family. Since this time he continues to learn more about his Samoan/AAPI heritage. In June of 2022 Greg was made a Samoan High Chief by the Royal Family of Samoa.