

# Greg Tongonis

ACTOR / AUTHOR / ACTIVIST COACH / TRAINER

LOS ANGELES, CA



WWW.GREGLOUGANIS.COM

# Greg Longonis

#### **ABOUT**

Considered the greatest diver in history, Greg Louganis is the only male to win gold medals on both 3m springboard & 10m platform in consecutive Olympic Games. Across the globe, billions who watched him compete were enthralled by the poetry that was Greq Louganis: the beauty & power of his diving captured the world. With a total of 5 Olympic medals, 5 World Championship titles & 47 national titles, more than anyone in U.S. history, his records remain unbroken.

As a trained actor, dancer, model & spokesman, Greg's wide range of skills keeps him in demand. As a dog agility trainer, Greg continues his tradition of excellence taking his canine students to the AKC Nationals and even Westminster.

As the GOAT of mindset, Greg shares his wisdom through his meditation & mindfulness course, as well as through his books, interviews, speaking engagements, social media and website. Greg is a captivating storyteller who exudes warmth and charisma, resulting in a special connection with his audience.

#### **AVAILABLE FOR**

Ambassadorship **Brand Partnerships Sponsored Content** Keynote Speaking Acting/Modeling

## **AUDIENCE**

Greg's audience loves his active lifestyle & deeply authentic shares. They appreciate mental and physical wellness, as well as his unique perspective. His social media engagement rates reflect how deeply connected his fans feel to him. Greq is open to meaningful partnerships that align with his lifestyle & values.

#### **MEDIA FOLLOWING**

168K Facebook Followers 46K Instagram Followers 34K TikTok Followers 27K X/Twitter Followers 3.7K Clubhouse Followers 4K Monthly Website Visits

#### **BOOKING INFO**

Mgmt: Beth Zinman Phone: +1 609-254-8075 Email: social@greglouganis.com Site: https://greglouganis.com

# **MANUIA FO'!!**

Samoan for "Nice meeting you""

### **CAUSES**

Dogs/Animals HIV/AIDS/LGBTQ+ Adoption/Foster Care Environmental Health + Wellness Mental Health

#### **BOOKS**

Greg has Co-Authored his Autobiography, Breaking The **Surface**(A NY Times Bestseller) and For The Life Of Your Dog: A Complete Guide To Having A Dog In Your Life. He is the primary case study in *Train Your Own* Hero by Dr. Don Greene

#### **DEMOGRAPHIC**

FB/IG: 40% Female - 60% Male TikTok: 86% Female - 14% Male All Social: 45% 25-44 y.o. - 20% 45-54 y.o. Website: 60% Female - 40% Male

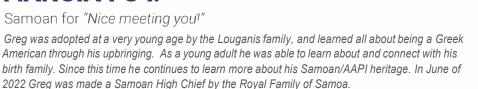
#### **MEDIA STATS**

FB/IG:

10% - 40% Engagement 25% Avg Engagement Avg. Reach: 600k TikTok:

1.6M Video Views

1.7k Shares - 57.5k Likes - 1.5k Comments









**1.7K** 

89 comments 24 shares

